

CAT Age Chart

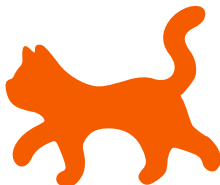
A cat’s age tells you a lot about their physical and mental needs as they progress from kitten to adulthood. And as they may spend much of their “nine lives” as a senior, it’s helpful to know what stage of life your cat is in.



KITTEN
birth to
6 months



JUNIOR
6 months
to 2 years



ADULT
3–7 years



MATURE
7–10 years



SENIOR
11–14 years



GERIATRIC
15+ years

CAT YEARS	6M	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21
HUMAN YEARS	10	15	24	28	32	36	40	44	48	52	56	60	64	68	72	76	80	84	88	92	96	100

Get more tips and advice on how to keep your pet happy and healthy from your veterinary team, the experts on pet healthcare.

Reference: Hoyumpa Vogt A, Rodan I, Sparkes A, et al. Special Article: AAFP-AAHA. Feline Life Stage Guidelines. Journal Of Feline Medicine and Surgery. January 1, 2010;12:43-54
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