

DOG Age Chart

It's widely thought that one human year is equivalent to seven dog years. While that's a good average for dogs, that number varies depending on the breed and weight class. Though there are many exceptions to this rule, bigger dogs tend to reach their senior years more quickly than smaller dogs.

No two dogs are the same, so use these numbers as a general guide.



PUPPY
birth to
6–9 months
(depending on breed)



JUNIOR
9–12 months



ADULT
1–3 years



MATURE
3–7 years



SENIOR
7–10 years



GERIATRIC
10+ years

DOG YEAR		01	02	03	04	05	16	07	08	09	10	11	12	13	14	15	16	17	18	19	20
HUMAN YEARS	9kg	15	24	28	32	36	40	44	48	52	56	60	64	68	72	76	80	84	88	92	96
	10–23kg	15	24	28	33	37	42	47	51	56	60	65	69	74	78	83	87	92	96	101	105
	23–41kg	15	24	30	35	40	45	50	55	61	66	72	77	82	88	93	99	104	109	115	120
	>41kg	15	24	32	37	42	49	56	64	71	78	86	93	101	108	115	132	–	–	–	–

Get more tips and advice on how to keep your pet happy and healthy from your veterinary team, the experts on pet healthcare.